

Competition rules & regulations.



2025



Start date: 01/01/2024

Rules of entry.

- Full & probationary members permitted.
- Official targets only.
- Highest scorecard per discipline, per firearm.
- Any scorecard with additional rounds will receive penalties. (Unless in allocated zero area).
- Shooter name, rifle/pistol & **discipline** must be clearly entered onto each scorecard.
- Results published MONTHLY.

Monthly results will be updated on the website each month. (RFTSC)

Disciplines.

1. Small bore 50yard bench. (**Air rifle & .22lr**).
2. Rimfire 100yard bench.
3. Centrefire 100yard bench or prone.
5. Centrefire 25yard unsupported. (Iron sights only).
- 6.. Practical rifle 50 yards.(Any rifle, any optic & any calibre). Program
7. Pistol/Revolver **15 yards** Freehand. (Any Calibre & Any Optic). ****UPDATED****
- 7x. Pistol/|Revolver 10 yards Freehand. (Turning program). ****NEW****
8. .22 semi auto 25 yards.unsupported. (Any optics). ****NEW****
9. Air rifle 25yard bench all rifles. (Sub 12ft lbs).
13. Smallbore (.177/.22) Red dot / Iron sights – No magnification 25yds. ****NEW****
14. Smallbore (.177/.22) Red dot/ Iron sights – No magnification 50 yds ****NEW****
16. Centrefire **eXtreme** 50 yard bench. (PROGRAM) ****UPDATED****
- 22x. Small bore Extreme 50yard bench. (Program).
25. Rifleman's Rifleman 100 yard freehand .



SMALLBORE Scorecards used for disciplines: 1, 2, 9, 13 & 22.



PRACTICAL Scorecards (new) used for disciplines: 5, 6, 7, 7x, 8, 14 & 25



FULLBORE Scorecards used for disciplines: 3 & 16.

Discipline 1& 1A Small bore 50 yard bench (Air rifle/ .22lr)

- .22lr rimfire / Any calibre air rifle pellet or slug.
- 10 rds only.
- No restriction to moderated/ un-moderated.
- No restriction to ammunition velocity.
- No restriction to optics.
- Bipod,monopod,front and rear bag allowed.
- No clamp/vice or braces permitted.
- Scoring is counted by majority of the hole.
- 100 points maximum + 10 bullseye pips.
- 50% of the bullseye pip must be shot to count.

Discipline 2 & 2A Rimfire 100 yard bench.

- Rimfire calibre rifle only.
- 10 rds only.
- No restriction to moderated/ un-moderated.
- No restriction to ammunition velocity.
- No restriction to optics.
- Bipod,monopod,front and rear bag allowed.
- Scoring is counted by majority of the hole.
- 100 points maximum + 10 bullseye pips.
- 50% of the bullseye pip must be shot to count.

Discipline 3 Centrefire 100yard bench/Prone.

- No restriction to centre fire calibre.
- 5 rds only.
- No restriction to moderated/ un-moderated.
- Ammunition restricted to 6900 jules/ 5000 ft lbs.
- No restriction to optics.
- Bipod,monopod,front and rear bag allowed.
- No clamp/vice or braces permitted.
- Scoring is counted by majority of the hole.
- 50 points maximum + 5 bullseye pips.
- 50% of the bullseye pip must be shot to count.

Discipline (5) centrefire 25yard unsupported (open sights).

- No restriction to centre fire calibre.
- No restriction to moderated/ un-moderated.
- Ammunition restricted to 6900 jules/5000 ft lbs.
- Iron sight/ open sight only.
- No red dot/reflex optics permitted.
- No laser dot permitted.
- 100pts maximum.(+10x).
- Scoring is counted by majority of the hole.

Discipline (6) Practical rifle 50 yards. (Any rifle, optic & calibre).

- Follow program 6. (50 yards, 2 second exposure, 3 seconds off x 10).
- No restriction to calibre.
- Ammunition restricted to 6900 jules/5000 ft lbs.
- 10 rds.
- No restriction to moderated/ un-moderated.
- Magnification maximum restricted to 10 times.
- 100pts maximum. (+10x)
- Scoring rounded up.

Discipline 7 pistol/revolver 15 yard (Freehand).

- LBP / LBR / Co2 BB / Co2 Pellet / Spring
- 10 rds only.
- No restriction to moderated/ un-moderated.
- No restriction to ammunition velocity.
- No restriction to optics.
- Scoring is counted by majority of the hole. (Bullseye 100% in centre ring)
- 100 points maximum. (+10x).
- Targets must be shot without support.

Discipline 7x pistol/revolver 10 yard (Freehand).

- LBP / LBR / Co2 BB / Co2 Pellet / Spring
- 10 rds only.
- No restriction to moderated/ un-moderated.
- No restriction to ammunition velocity.
- No restriction to optics.
- Scoring is counted by majority of the hole. (Bullseye 100% in centre ring)
- 100 points maximum. (+10x).
- Targets must be shot without support. Start and return to hip ready, grip touching bench between shots, no moving until target turns.

Program:

Target distance 10

Open loop x 10

Faceright, delay 2, edge,

Delay 1, close loop,

home, done

Discipline (8) .22 semi auto 10-50yards. Unsupported. (Any optics).

- .22 calibre only.
- 15 rds. (2x magazine) 10 + 5
- No restriction to moderated/ un-moderated.
- No restriction to optics.
- 200 pts maximum.
- Safety glasses must be worn.

Program:

distance 25, edge, open loop x 5,

Faceright, delay 2, edge, 1, close loop

Home, done

Course of fire. 1 head & 2 body For 3 exposures
4th exposure, 1 head & mag change
5th exposure 5 body.

Discipline 9 Air rifle 25 yard bench.

- Sub 12ft lbs air rifle only.
- 10 rds.
- No restriction to moderated/ un-moderated.
- No restriction to optics.
- Bipod, front and rear bag allowed.
- No clamp/vice or braces permitted.
- Scoring is counted by centre of the hole.
- 100 points maximum + 10 bullseye pips.
- **100% of the bullseye pip must be shot to count. **NEW****

Discipline 13 Small bore (.177 / .22) Red dot / Iron sight 25 yard bench.

- Sub 12ft lbs air rifle or .22lr rifle
- 10 rds.
- No restriction to moderated/ un-moderated.
- Red dot, Iron sights , open sights without magnification.
- Bipod, front and rear bag allowed.
- No clamp/vice or braces permitted.
- Scoring is counted by majority of hole.
- 100 points maximum + 10 bullseye pips.

Discipline 14 Small bore (.177 / .22) Red dot / Iron sight 50 yard bench.

- Sub 12ft lbs air rifle or .22lr rifle
- 10 rds.
- No restriction to moderated/ un-moderated.
- Red dot, Iron sights , open sights without magnification.
- No support, elbows only.
- Scoring is counted by majority of hole. (No Headshots count)
- 100 points maximum + inside centre x ring bullseyes).

Discipline (16) Centrefire **eXtreme 50 yard bench.** (Updated).

- Target@50yards. 15 second drill.
- No restriction to centre fire calibre.
- 5 rds only.
- No restriction to moderated/ un-moderated.
- Ammunition restricted to 6900 jules/ 5000 ft lbs.
- Maximum of **10x** magnification (**NEW**)
- Bipod, monopod, front and rear bag allowed.
- No clamp/vice or braces permitted.
- Scoring is counted by majority of the hole.
- 50 points maximum + 5 bullseye pips.
- 50% of the bullseye pip must be shot to count

Program:

Distance 50, edge, delay 2,

Open loop x 5

Face right, delay 2, edge, delay 1

close loop, home, done

Discipline (22X) Small bore Extreme bench 50 yard.

- Program:
- distance 50, edge, delay2, open loop x10, faceright, delay2, edge,delay 1, close loop,home,done
- 10 rds only.
- No restriction to moderated/ un-moderated.
- No restriction to optics.
- Bipod,monopod,front and rear bag allowed.
- No clamp/vice or braces permitted.
- Scoring is counted by majority of the hole.
- 100 points maximum + 10 bullseye pips.
- 50% of the bullseye pip must be shot to count.

Discipline (25) Rimfire/centrefire 100yard unsupported. With optics.

- No restriction to calibre.
- Ammunition restricted to 6900 jules/5000 ft lbs.
- 5 round Total.
- No restriction to moderated/ un-moderated.
- No restriction to optics.
- 50pts maximum. (+5x)
- Scoring rounded up.

Weekly practise score will be updated & posted on
Riflemanfirearms.com

For the most dedicated and competitive Shooters!!

The **Super League** will be scored exactly the same & as the Weekly practise scores with just one difference, there will be official dates when the entry scorecards will be witnessed.

2mins max per attempt.

So you book a slot on the announced date/s and you will provide a target/scorecard for the discipline/s you wish to attempt. – 1 entry per discipline per date.

These scores will remain on a permanent basis. Only the top 10 entries per discipline will be posted.

Good luck and remember its for fun.....mostly 😊

Shoot safe.